

Legends

Activity with an Adult

A legend is a story from the past explaining how something happened or came to be. A legend is believed by some but cannot be proven to be true.

The collecting and processing of the sap of sugar maples was known and valued by the Indigenous peoples of North America long before the European settlers arrived. There are a number of LEGENDS to explain the discovery of this sweet harvest of the forest.

Search the internet for History of Maple Syrup and read some of these Legends. If the reading is tough, ask someone to read **to** you or **with** you.

- ✿ Draw a picture showing one of the Legends you especially enjoyed.
- ✿ Share your picture with someone and retell that Legend in your own words